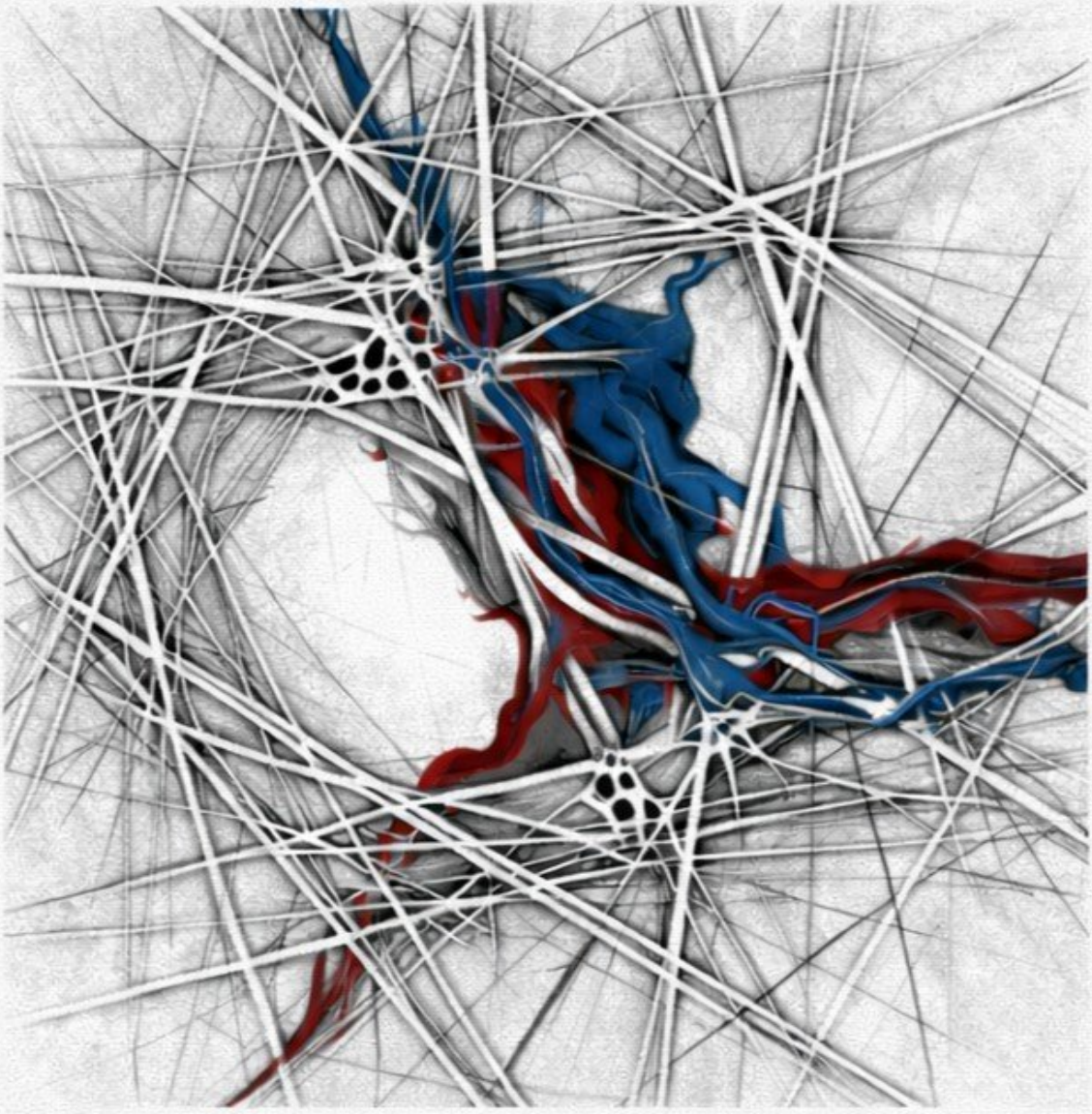
THE CURRICULUM OF STRUCTRAL EXPRESSIONISM

Bridging Emotion with Logic



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:Structural Expressionism

The Birth of an Abstract School Governing Emotion with Logic

Prepared by: Abdulrahman Al-Nahari

In a world where controversy surrounds abstract art—with accusations of randomness and a lack of meaning—"Structural Expressionism" emerges as a modern art school that redefines the relationship between impulse and order. This school is built on a simple yet profound core principle: Emotion does not lose its power when disciplined; rather, Its impact remains undiminished when presented within a systematic and studied structure. This is the vision founded by an Arab artist who succeeded in transforming his experience from abstraction into a precise artistic theory, clearly embodied in his pioneering collection: "The ."Changing Human Emotions

Structural Expressionism is based on the Idea that every painting is a living structure. The Structure is the primary rule; It is carefully drawn with a pencil to define geometric and curved paths, establishing a solid relationship between spaces and shapes. Following this is the role of the Bold Black Borders, which act like ligaments and membranes in the body; they fix the intersections, grant each area visual independence, and protect colors from chaotic overlapping. Then, like living tissue covering this structure, the Colored Pencils are applied, pumping emotion and giving each section a color that pulsates with the human .condition it represents

Despite the simplicity of the tools—colored pencils and Canson paper—the challenge in this school is immense and complex. The initial construction phase requires precise engineering to create an interlocking network that suggests movement and depth, while the dividing lines require a steady hand to ensure thickness and clean angles. As for colorIng with pencils, it is a test of patience and skill, relying on successive layers to achieve a saturated and homogeneous color, with the necessity of selecting colors with extreme precision; any color error can ruin the entire work. This mastery Is not just a technical skill, but a mental one as well, as the artist enters a state of deep focus during execution, .requiring long hours of continuous work

The school mandates high levels of discipline, whether in maintaining the cleanliness of the paper, working in a dust-free environment, or committing to framing the painting immediately upon completion to ensure Its safety and survival. Thus, Structural Expressionism transforms the process of painting from a free act into a meticulous practice that subjects emotion to the structure .without losing its strength or sincerity

This school—in its origins, vision, and challenges—represents a new and bold step in the path of Arab abstract art. It demonstrates that creativity is not born from chaos, but from the ability to control and formulate feelings within a precise structure that makes the work closer to people and more capable of expressing the inner fluctuations of the human being. It is an artistic signature that blends order with emotion, giving abstraction a form that is more comprehensible .without abandoning it's aesthetic depth

The Artistic Manifesto of Structural Expressionism

Prepared by: Abdulrahman Al-Nahari – Founder

Introduction

Structural Expressionism was born from the need to restore prestige to Arab abstract art and liberate it from accusations of randomness. This school emerged through the personal journey of Its founder—a journey that combined deep emotions with rigorous discipline, evolving into a clear methodology aimed .at governing emotion without suppressing it

The Vision of the School

Structural Expressionism views the painting as a living entity, formed from a precise structure and a flaming soul. Emotion here is not chaotic, and order is not rigid; rather, they are two forces that collaborate to build an artistic work .capable of touching the depths of the human soul

The Core Philosophy

The school is built upon three fundamental pillars: The Structure, The Borders, and The Color. The Structure is the primary foundation, while the Bold Black Borders fix the intersections. As for Color, It acts as a living tissue that covers the .structure and grants It its spirit

Tools and Method

The school is distinguished by the simplicity of its tools: clean paper, sharp pencils, and colored pencils. This simplicity Is not a lack of means, but a deliberate choice in vision; the school aims to produce high-end craftsmanship .using pure, foundational tools

Artistic Discipline

The school trains the artist to think before placing a line and to choose colors with conscious intent, while minimizing the use of an eraser. It also mandates that a drawing session should not exceed three hours to maintain mental and .physical health

Disciplined Emotion

Structural Expressionism believes that Impulse alone does not create art, and order alone does not generate life. The true artistic experience is the fusion of .both: Sincere Emotion + Solid Structure

Educational Methodology

The school adopts a gradual path starting with the construction of the structure, followed by controlling spaces, and finally layered coloring, leading to the production of a complex emotional painting that showcases the artist's skill.

The Artistic Goal

The school aims to build a modern Arab identity within abstract art, providing works of high precision and beauty without excessive cost, and transforming raw emotions into organized art capable of healing and expression.

Conclusion

Structural Expressionism is not just an art movement; it is a complete human experience born from the need for order amidst chaos, beauty amidst the storm, and precision amidst distortion.

Volume II: Foundations of Internal Law, Founding Charter, and Theories of Structural Expressionism

Authored by the Founder: Abdulrahman Al-Nahari

Fundamental Theories

1. **Theory I (Discipline and Power):** Emotion does not lose its power when disciplined, nor does its impact diminish when presented within a systematic and studied structure.

1. **Theory II (The Distributed Nucleus):** The nucleus in Structural Expressionism is not embodied in a single work, but is distributed across multiple works. Each painting is not the final form of the nucleus, but rather a state of it, reconfiguring it without ever reaching a closure.

Core Systems of Structural Expressionism

- **Method I: Observation (The Central Nucleus):** This method focuses on the deepest level of observation—focusing on the simplest daily details that others might ignore. These observations are stored in the subconscious and transform into a "Central Nucleus" that eventually manifests as a painting at an unpredictable, spontaneous moment for the artist.

- **Method II: The Integrated System:** A relatively easier method that involves pre-defining a ready-made system to express specific, grand emotions. The larger and more flexible the integrated system, the greater the capacity for the emotions expressed within it.

The Core Law: The Three Pillars of Composition

This law consists of three integrated elements that ensure the submission of emotion to a mathematical system, known as **The Law of the Firm Structure**:

1. **Law of the Structure (The Geometric System):** Represented by the initial pencil sketch, drawn with extreme care. Its vital function is to impose prior order and define the distribution of geometric shapes, preventing any improvisation or randomness at the start.

1. **Law of Separation (The Preventive Borders):** Represented by thick black dividing lines. These act as strict boundaries that organize the flow of colors, preventing chaotic overlapping and granting each visual section its own emotional independence.

1. **Law of Expression (The Chromatic Texture):** Represented by the use of colored pencils. This law challenges the artist to achieve saturated, flat,

and intense color density. The selection of colors is a complex and precisely calculated process where a single error might require cancellation of the entire work.

Methodological and Philosophical Laws

- **Law of Intellectual Precision (Mental Cost):** This law mandates that the artist work in a state of "Harmony" that requires significant mental effort, visible through the uniform thickness of lines and the absolute cleanliness of intersection points.

- **Law of Final Protection (Framing):** Framing the painting immediately upon completion is a mandatory legal requirement for final protection against environmental factors that might compromise the structure.

- **Law of the Fourth Dimension (Active Symbolism):** The addition of a "Symbol" as a foundational fourth dimension that links the abstract work to civilizational, national, and human values.

- **Law of Uniqueness (Immunity):** Every painting possesses its own structure and system that cannot be replicated by any other work, ensuring that each piece is a non-repeatable masterpiece.

- **The Supreme Goal:** To resolve the crisis of methodology that has plagued Abstract Art for a century and to prove that organized emotion is the most powerful and beautiful.

- **Law of Institutional Heritage:** The "Changing Human Emotions" collection is the foundation of this entire law and must remain protected as an indivisible intellectual legacy.

Volume III: The Founding Charter and the Five Stages of Development

This volume is dedicated to educating and establishing the artist on how to practice Structural Expressionism.

Introduction:

Structural Expressionism is a modern art school, born to change the course of abstract art, developing it and presenting it in its finest logical form. To empower the artist with "Mental Sovereignty" and the ability to confront visual challenges, we have designed five training levels. These stages aim to refine the artist's skills and gradually develop their capabilities; as the level rises, the "Mental Cost" and cognitive elevation increase, leading to full mastery of the school's tools.

The Progression Scale in Structural Expressionism

Level 1: The Primitive Stage

Goal: Pure expression through line and shape only, without the complexities of color or the fourth dimension.

Educational Logic: Training beginners to develop "Visual Geometry" using the free hand, to break free from the constraints of ready-made geometric tools.

Approved Dimensions: (24 \times 32 cm) to break the barrier of intimidation and get accustomed to open spaces.

Message: Art begins with simple order, not complexity.

Level 2: The Simple Stage

Goal: The "Colored Leap"; where only primary colors are added to slowly form the boundaries.

Educational Logic: Developing the artist's mind to comprehend color blocks without complex gradients, ensuring clarity of vision before entering microscopic details.

Level 3: The Intermediate Stage

Goal: "Entering the Depth of the Methodology"; where boundaries emerge more clearly and colors reach medium saturation.

Educational Logic: Beginning the application of the "Observation Systems and Full Structure" mentioned In Volume II. Here, the artist learns to build "Color Layers" and apply intense focus In composition.

Approved Dimensions: (25 \times 35 cm).

Level 4: The Advanced Stage

.Goal: The stage of immense focus and internal harmony

Educational Logic: Boundaries become more massive, and colors more saturated through building high-density layers. In this level, the "Fourth Dimension" emerges as a fundamental pillar, and the painting relies on the ".observation system: "The Incomplete Nucleus

Challenge: This level requires excellent experience and the ability to merge .colors within closed paths and outside the structure

Level 5: The Evolution Stage

.Goal: Reaching the highest artistic levels and absolute professionalism

Educational Logic: Full reliance on the "Complete Structure System" with the .use of color blending at Its highest artistic levels

Approved Dimensions: Large sizes starting from (30 \times 42 cm) and above, which distinguishes this level with a prestigious status reached only by those .who have mastered all the school's secrets

Organizational Note

These levels were established to ground artists from scratch. However, Structural Expressionism is a flexible school; a talented artist may move directly to advanced levels (Second or Third) based on their first practical experiment .and their ability to grasp the laws

:Final Conclusion

Structural Expressionism came to liberate the artist from the "lie of excessive randomness" and the illusion of needing the most expensive tools to create art. You can start with the simplest available tools, for art lies in the "Planning Mind," not in an expensive brush. Do not give up on the first attempt; art Is a series of continuous experiments, and persistence is the only way to achieve sovereignty .and great results

Principles and Instructions of the Structural Expressionism School

Structural Expressionism aims to provide an integrated artistic curriculum that combines precision and imagination, striving to create deep and sophisticated art using the simplest tools, while maintaining discipline and the psychological well-being of the artist.

1. Art for All

Structural Expressionism does not require expensive tools; it firmly believes that the most beautiful works can be created with simple tools when the artist possesses a clear vision and a sound methodology.

2. Freedom of Form

This school does not impose a specific shape; instead, it allows the artist to create any structure they see fit, provided it harmonizes imagination, emotion, and order within a single work.

3. Artistic Discipline

Structural Expressionism trains the artist in discipline by avoiding the use of geometric tools, relying instead on manual estimation for measurements. This enhances focus and ensures total control without randomness.

4. Precision and Beauty

The school aims to produce high-precision and high-quality paintings through manual skills that rely on strict control over lines and colors.

5. Educational Methodology

The school is distinguished by a gradual educational approach, starting from the basics and progressing to advanced levels until the artist is capable of executing precise and expressive works.

6. Psychological Comfort

Despite the high level of precision required, the school does not aim to exhaust the artist. It recommends rest periods between drawing sessions to maintain mental and physical balance.

7. Session Duration

A single drawing session should not exceed three hours to ensure the artist's safety and to avoid fatigue.

8. Cleanliness of Tools

- Ensure the paper is clean and free of dust before starting.
- Pencils must be sharp to draw precise lines.
- Minimize the use of an eraser to avoid leaving marks on the paper.
- Clean coloring areas thoroughly before applying color to prevent unwanted smudges or soot.

Principles of Structural Expressionism — The Approved Version

1. Psychological and Ethical Discipline

In this school, art begins from within; it refines the artist before they touch the brush. Psychological and ethical balance is the foundation upon which every visual expression is built. "When the internal is organized... the external falls into place."

2. Deep Observation

No painting is drawn by chance; the artist must possess an observant and conscious eye for movement, light, environment, relationships, and rhythm. "he who does not observe... draws without a structure."

3. Mature Emotion

Emotion in this school Is not a sudden burst of color; It is a regulated Internal energy. It is not a superficial reaction, but a force that completes the observation and grants It a soul. "A structure from observation... and a soul from emotion."

4. Planning and System Building

Structural Expressionism is not random geometry or lines without meaning. Its basic principles include:

Planning before execution.

Building an interconnected visual system.

Defining a clear goal for the painting.

Assigning a function to every line and space.

"Planning + System + Goal = The Foundation of Work."

5. Rejection of Randomness

There is no place for works that rely on empty geometric shapes or void colored chaos. The school rejects everything devoid of vision, construction, and clear artistic intention.

6. Simple Tools as a Test of Patience and DIscipline

Simple tools are not a weakness; they are a force that demonstrates the artist's ability to overcome challenges. Using simple tools is a training in:

Patience and Technique.

Time planning and Psychological discipline.

.High levels of self-control

."The tool is not just a means for drawing... it is a test for the artist themselves"

.7 The Grand Artistic Vision

Structural Expressionism seeks to reshape Arab abstract art, moving it from the realm of ridicule and misunderstanding to a space of awe and respect. This is achieved through a clear curriculum based on discipline, observation, planning, .and the construction of a solid visual structure